



# Lesson plan

<b>Subject of the lesson</b>	First aid		
<b>Name of education</b>	Human Biology and Health		
<b>Name of the course</b>	Teacher education		
<b>Duration of course</b>	180 minutes		
<b>Learning objectives</b>	<ol style="list-style-type: none"> <li>1. Students know the meaning of different first aid procedures.</li> <li>2. Students can identify the materials they should use for each first aid procedure.</li> <li>3. Students can implement the procedures of each first aid in children.</li> </ol>		
<b>Time</b>	<b>Learning objectives</b>	<b>Learning activity</b>	<b>Learning sources</b>
<b>Start</b>	Students know the meaning of different first aid procedures.	<p>Showing the planning + goals of the lesson</p> <p>Approach to scene safety, handwashing and personal protective gear.</p> <p>Exploring the situations that can trigger a first aid in children.</p> <p>Students relate pictures of first aid with their meaning.</p>	PowerPoint, Laptop, Smartbord, worksheets
<b>Middle</b>	<p>Students can identify the materials they should use for each first aid procedure.</p> <p>Students can perform the procedures of each first aid.</p>	<p>Initial exploration of the items of a first aid kit.</p> <p>Students must choose, in a first aid kit, the proper material that they should use when applying a specific first aid in children.</p> <p>Practical training moment: Each group of students watch a short movie about each first aid and then try to perform it on their colleagues, to improve their skills.</p> <p>Approach to differences about first aid applied to children in comparison with an adult.</p>	<p>First aid kits</p> <p>Movie about first aid</p>

<b>End</b>	Students are able to identify the proper first aid procedure and perform it children, according the cause that triggered the first aid,	Students summarize in worksheets (one for each first aid), the meaning of the first aid, the materials they should use when aplying it and the proper sequence of procedures.  Kahoooh with questions about first aid.	PowerPoint, Laptop, Smartbord, worksheets
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